



CODE OF CONDUCT: CHILDREN AND YOUNG PEOPLE (under 18 years)

As a child or young person under 18 years, I have the right to:

- be safe and protected
- be listened to
- be respected and treated fairly
- be believed
- ask for help
- be coached by someone who has the right qualifications

As a young athlete, I will respect the code of conduct and I will:

- be friendly and supportive to other athletes
- encourage everyone to enjoy sport and to understand that people have different motivations for taking part
- respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics
- recognise the valuable contribution made by coaches and officials who are all volunteers
- keep myself safe
- tell my coach if I am ill or injured
- compete fairly and respect other athletes and officials
- respect the rules of TAC, take responsibility to ensure I am up to date with these rules and understand them
- wear suitable kit for training, including wearing a hi-vis vest when training outside the designated track and field areas at Tonbridge School and to wear TAC kit when representing the club
- behave and listen to all instructions from my coach and officials
- take care of equipment owned or provided by TAC or the training facility

- not use bad language or take part in inappropriate or illegal behaviour
- not bully anyone or pressure them to do things they do not want to, including online
- in no way undermine, put down or belittle other athletes, coaches or practitioners
- anticipate and be responsible for my own needs including being organised, having the appropriate equipment and keep to agreed timings for all club activities
- tell my parents/carers where I am or if I'm going to be late
- not use my mobile phone during training, competitions or in changing rooms
- avoid carrying any items that could be dangerous to myself or others excluding athletics equipment used in the course of my athletics activity
- not carry or consume alcohol or illegal substances while training or competing in athletics
- never engage in destructive behaviour and leave athletics and other venues as I find them
- use safe transport or travel arrangements
- I recognise that I am bound by the UKA Anti-Doping Regulations, and submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. UK Anti-Doping Rules apply to all members participating in athletics for a minimum of 12 months from the commencement of membership whether or not the member is a citizen of, or resident in, the UK. Any athlete wishing to retire from the sport of athletics must put this in writing to TAC and EA and cancel any applicable membership. Official retirement will remove the athlete from being under the auspices of UKA's Anti-Doping Rules.

I am also aware that according to the Child Safeguarding Policy and Procedures I should:

- not respond if someone seeks private information unrelated to athletics such as personal information, home life information
- never accept lifts in cars or invitations into homes on my own without the prior knowledge and consent of my parents/carers
- report inappropriate behaviour or risky situations to an adult
- report any accidental injury, distress, misunderstanding or misinterpretation to your parents/carers and TAC Welfare Officer as soon as possible
- report any suspected misconduct by coaches or other people involved in athletics to the TAC Welfare Officer as soon as possible

BREACH OF THE CODE OF CONDUCT

I understand that if I do not follow the code, action can be taken by TAC and I may:

- be asked to apologise for my behaviour
- receive a verbal warning from my coach

- receive a verbal or written warning from the TAC committee
- be suspended from attending club training sessions and events
- be suspended or required to leave TAC

Additionally, TAC will always tell my parents/carers if I breach the code of conduct.

ATHLETE

Print name.....

Signature..... Date.....

PARENT/CARER

Print name.....

Signature..... Date.....