

# Tonbridge Athletic Club



## **Tonbridge AC Training at Judd School's Vizards Playing Fields Summer 2021 – Risk Assessment**

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| Location of Training              | Hazards identified                                                          | Who might be harmed                   | Responsibility                    | Actions                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Update     |
|-----------------------------------|-----------------------------------------------------------------------------|---------------------------------------|-----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| Judd School Vizards Sports Fields | Transmission of symptoms and/or virus, through close proximity with others. | Athletes<br>Coaches<br>Other lettings | Head Coach<br>Athletes<br>Coaches | <p>Coaches strictly adhere to agreed group sizes of athletes using the Vizards facilities. Suggested maximum numbers in each group is 12 maximum.</p> <p>Coaches must know which athletes will be attending their sessions for safeguarding and tracking purposes. A register is kept for each training session as required by the club.</p> <p>The Tonbridge AC policy is based on the the environment being considered as 'Covid Secure'. This requires the following –</p> <p>Health declaration form to be accepted and signed by all attendees.</p> <p>All attendees to maintain 2 metres social distancing, before, during and after activity.</p> <p>Hand sanitizing facility to be available and used regularly (even after form signing)</p> <p>Method available of contact all attendees swiftly should Track and Trace processes be required.</p> <p>Should any attendee subsequently test positive for Covid 19 they must complete UK Athletics form - <a href="https://www.uka.org.uk/governance/health-safety/covid-19-form/">https://www.uka.org.uk/governance/health-safety/covid-19-form/</a></p> <p>Current England Athletics Guidelines can be found here – <a href="https://www.englandathletics.org/athletics-and-running/news/guidance-update-2021/">https://www.englandathletics.org/athletics-and-running/news/guidance-update-2021/</a></p> <p>General supporters / parents not permitted to enter the grounds - stay in car, drop-off or remain at a distance.</p> <p>Each lead coach of a group maintains a full register of attendees at each training session, as required in normal circumstances.</p> <p>All to maintain 2 metres social distancing at all times. Coaches to remind athletes at each session.</p> <p>Athletes to be aware of session beforehand, through online communication, and briefings from coaches.</p> <p>Coaches must ensure that athletes leave the facility promptly and quietly once their session is completed.</p> | 20/03/2021 |

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| Judd School<br>Vizards Sports<br>Fields                      | Transmission of<br>virus through<br>touching<br>surfaces                                   | Athletes<br>Coaches<br>Other<br>lettings | Athletes<br>Coaches                           | Do not touch any equipment or property located at the grounds.<br><br>'Coaches/adult helpers to ensure that any additional equipment is sprayed with sanitiser and wiped down thoroughly before and after the training session.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 20/03/2021 |
| Judd School<br>Vizards Sports<br>Fields<br>Toilet Facilities | Transmission of<br>symptoms<br>and/or virus,<br>through close<br>proximity with<br>others. | Athletes<br>Coaches<br>Other<br>lettings | Head Coach<br>Athletes<br>Coaches             | Should any athlete or coach wish to use the toilet facilities they will –<br>Inform the head coach.<br>They will be provided with sanitising spray and cloth, plus hand gel.<br>They will ensure that they are the only person entering the toilet facility or will queue outside, observing 2 metres social distancing from any others.<br>After utilising the toilet facilities, they will wash their hands thoroughly, spray and wipe any surfaces they had contact with and utilise the hand gel, before returning to the training area.                                                                                                                                                                                                                                                                                                                                           | 20/03/2021 |
| Judd School<br>Vizards Sports<br>Fields                      | Athlete displays<br>Covid 19<br>symptoms                                                   | Anyone<br>attending<br>the club          | Athlete and<br>their Group<br>coach           | Any athlete with Covid symptoms does not attend training ie temperature, persistent cough and loss or change in taste.<br>Any attendees who develop symptoms during the training session will be sent home immediately and all in their group will be informed and the training session ceased.<br>Group Coach notifies others who have trained with athlete in previous 7 days.<br>Athlete arranges Covid 19 test.<br>Athlete does not attend training until negative result received and symptoms have subsided.<br>Group coach notifies Covid Officer<br>If test positive Group Coach notifies all others in contact group, in previous 7 days to self-isolate for 14 days from point of contact.<br>Presumably Track and Trace process will identify and notify as well.<br>If household member tests positive the athlete is advised not to attend the club for at least 14 days. | 20/03/2021 |
| Judd School<br>Vizards Sports<br>Fields                      | Coach /<br>Volunteer<br>displays Covid<br>19 symptoms                                      | Anyone<br>attending<br>the club          | Head Coach<br>and their<br>support<br>coaches | Coach notifies the Covid Officer and Coaching Coordinator.<br>Group Coach notifies others who have trained with coach in previous 7 days,<br>Coach arranges Covid 19 test.<br>Coach does not attend training until negative result received and symptoms have subsided.<br>Group coach notifies Covid Officer<br>If test positive Group Coach notifies all others in contact group, in previous 7 days to self-isolate for 14 days from point of contact.<br>Presumably Track and Trace process will identify and notify as well.                                                                                                                                                                                                                                                                                                                                                      | 20/03/2021 |
| Judd School<br>Vizards Sports<br>Fields                      | Normal and<br>serious running<br>injury.<br>Transmission of<br>COVID<br>symptoms           | Any<br>attendee                          | Head Coach<br>Athletes<br>Coaches             | Some coaches have basic first aid training.<br>There is no massage or sports injury related first aid available.<br>Avoid close contact unless necessary.<br>All coaches/helpers carry mobile phones on all sessions<br>All athletes to have suitable transport available to them as contingency.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 20/03/2021 |